# "Exploring Paintstik Possibilities" Supply List

### Fabric Requirements:

high quality, 100% cotton, 200 thread count fabric works best

1 yard solid white or beige fabric

1 yard solid black or very dark fabric

Optional: Solid cotton or rayon fabric in any color- high quality fabric works best

#### **ADVANCE PREPARATION** for class:

ALL FABRIC MUST BE PRE WASHED in plain detergent (no bleach or softener additives) Do not use softener or dryer sheets

After washing, fabric should be ironed to remove wrinkles (do not use starch or sizing when ironing)

## **Cutting Instructions:**

Cut white and black pre-washed fabric into 8" x 8" squares

#### SUPPLIES:

Paper towels

Baby wipes

Masking or painters tape

Parchment or palette paper

Permanent fine tip marker

Paintstiks, rubbing plates, templates, stencils & brushes will be available for students' use in class

Optional supplies:

Bring your own paintstiks & stencil brushes

Grip n Grip mat

Stencils, templates, rubbing plates

Freezer paper

## Wear old clothes and bring an apron or workshirt to class

Instructor: Karen Lee Carter

757-496-9847

Email: quilter@mac.com

Website: http://www.KarenLeeCarter.com

Facebook: http://www.facebook.com/KarenLeeCarterQuilts